

KNITTING PATTERN FOR HAIR TO ATTACH TO SEWN “PROFESSIONALS” HAND PUPPETS

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Knit-for-Nowt sends sets of “professionals” hand puppets to therapists who use them to help dispel the fear that many children have of these workers. The set consists of nurse, doctor, social worker, teacher, judge and police.

These puppets don’t need to have a happy and a sad side, only the smiling happy side, so the hair needs to extend down the back of the head. This pattern can be used for the following: nurse, doctor, social worker, teacher.

The judge needs a wig – see instructions at the end of this document.

The policeman/woman is best with a sewn cap – at present we haven’t got a specific pattern for the cap, but you could try your hand at making one out of felt or fabric (felt easiest as no turning of edges!)



- Use DK yarn in the hair colour of your choice
- 4 or 5mm needles work well

Male



Cast on 35 stitches

Work 8 rows in moss stitch (K1 P1)

Row 9: 12 sts moss stitch, [K2 tog, P2 tog, K1, P1] twice, moss stitch to end (31 stitches)

Row 10: moss stitch

Row 11: 10 sts moss stitch, [K2 tog, P2 tog, K1, P1] twice, moss stitch to end (27 stitches)

Row 12: moss stitch

Row 13: 8 sts moss stitch, [K2 tog, P2 tog, K1, P1] twice, moss stitch to end (23 stitches)

Row 14: moss stitch

Row 15: 6 sts moss stitch, [K2 tog, P2 tog, K1, P1] twice, moss stitch to end (19 stitches)

Row 16: moss stitch

Row 17: 4 sts moss stitch, [K2 tog, P2 tog, K1, P1] twice, moss stitch to end (15 stitches)

Row 18: moss stitch

Row 19: K2 tog, P2 tog] three times, K2 tog, P1 (8 stitches)

Row 20: [K2 tog, P2 tog] twice Thread wool through last 4 stitches and secure

Female



Cast on 51 stitches

Work 8 rows in moss stitch (K1 P1)

Row 9: 18 sts moss stitch, [K2 tog, P2 tog, K1, P1] three times, moss stitch to end (45 stitches)

Row 10: moss stitch

Row 11: 15 sts moss stitch, [P2 tog, K2 tog, P1, K1] three times, moss stitch to end (39 stitches)

Row 12: moss stitch

Row 13: 12 sts moss stitch, [K2 tog, P2 tog, K1, P1] three times, moss stitch to end (33 stitches)

Row 14: moss stitch

Row 15: 9 sts moss stitch, [P2 tog, K2 tog, P1, K1] three times, moss stitch to end (27 stitches)

Row 16: moss stitch

Row 17: 6 sts moss stitch, [K2 tog, P2 tog, K1, P1] three times, moss stitch to end (21 stitches)

Row 18: moss stitch

Row 19: 3 sts moss stitch, [P2 tog, K2 tog, P1, K1] three times, moss stitch to end (15 stitches)

Row 20: moss stitch

Row 21: [K2 tog, P2 tog] three times, K2 tog, P1 (8 stitches)

Row 22: [K2 tog, P2 tog] twice Thread wool through last 4 stitches and secure

Wig for judge



Worked in garter stitch.

Cast on 75 stitches

K 3 rows

Cast off 2 sts at beg of next 8 rows (59 sts)

Cast off 7 sts at beg of next 2 rows (45 sts)

K1 row

K1, K2 tog to end of row (30 sts)

K 1 row

K1, K2 tog to end of row (20 sts)

K 1 row

K1, K2 tog to end of row (14 sts)

K 1 row

K2 tog to end of row (7 sts)

K 1 row

K2 tog to end of row (4 sts)

Pull wool through to fasten off.

Ethnic faced set

