

KNITTING A PAIR OF PANTS FOR YOUR MONSTER

The NSPCC runs a “**Pants Programme**” teaching young children to understand about privacy and thereby helping to prevent child abuse. Please see the link:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



PANTS FOR THE MONSTERS

This pattern kindly donated to Knit-for-Nowt by Colette, who, as well as being a knitter, also works with children.

Adapt this pattern for different sizes, can be any size as long as not huge!

DOUBLE KNIT (DK) YARN on size 4 mm (size UK 8) needles in colours of your choice – if making them for your own monster then you could match the colours, or pick out one of them, or just knitting a set of pants to send in, a good variety of different colours would be helpful, and they can be stripy or plain according to your preference:

Cast on 26 sts and work 6 rows of rib (knit 1, purl 1)

Change to stocking stitch (SS)

Work 16 rows in SS.

Cast off 8 sts at the beginning of next 2 rows

Knit 2sts together twice at the beginning of next 2 rows

Work 2 rows (one is knit and one is purl)

Staying in SS increase 2 sts at the beginning of next 2 rows

Increase 8 sts at the beginning of the next 2 rows

Work 16 rows in SS

Knit 6 rows of rib (knit 1, purl 1)

Cast off

Sew side seams

CHUNKY YARN on size 6mm (size UK 4) needles

Cast on 20 sts and work 4 rows of rib (knit 1, purl 1)

Change to Stocking Stitch (SS)

Work 16 rows in SS

Cast off 7 sts at the beginning of next 2 rows

Knit 1 row

Purl 1 row

Staying in SS increase 7 stitches at the beginning of next 2 rows

Work 16 rows in SS

Knit 4 rows of rib (knit 1, purl 1)

Cast off

Sew side seams

Please don't attach the pants to your monster, as they are knitted they will stay put quite well and the child needs to be able to dress and undress the monster.

Please see further patterns for knitted pants on the next page – choose whichever pattern you want, as we have monsters of all different shapes and sizes! You are of course welcome to use your own pants pattern if you prefer, however, due to the flat shape at the bottom of most of our monsters it's best if you don't make the leg holes too graded upwards (not high rise!) – flatter is better. Thank you.

AN ALTERNATIVE PATTERN FOR PANTS FOR THE MONSTERS

Kindly donated to Knit-for-Nowt by Una O'Malley



A 15 inch monster wearing the small size pants

This knitting pattern is for pants for worry monsters. The pants are knitted as one piece, so there are only 2 side seams to sew up. There are two sizes; small and large. The small size fits our standard 15 inch monsters.

You will need

one pair of 4mm knitting needles

double knit (dk) yarn in colours of your choice – if making them for your own monster then you could match the colours, or pick out one of them, or if just knitting a set of pants to send in, a good variety of different colours would be helpful, and they can be stripy or plain according to your preference:

- Approx 8 g (small pants)
- Approx 10 g (large pants)

SMALL PANTS

cast on 27 stitches

work 6 rows knit one purl one rib

work 14 rows stocking stitch [commencing with a knit row and ending with a purl row]

cast off 10 stitches at the beginning of the next 2 rows [you will have 7 stitches on your needle]

knit 2 stitches together, knit 3, knit 2 stitches together [you will have 5 stitches on your needle]

purl 5 stitches

increase in first stitch, knit 3, increase in last stitch [you will have 7 stitches on your needle]

cast on 10 stitches at the beginning of the next 2 rows [you will have 27 stitches on your needle]

work 14 rows stocking stitch [commencing with a purl row and ending with a knit row]

work 6 rows knit one purl one rib

cast off 27 stitches

LARGE PANTS

cast on 33 stitches

work 6 rows knit one purl one rib

work 18 rows stocking stitch [commencing with a knit row and ending with a purl row]

cast off 12 stitches at the beginning of the next 2 rows [you will have 9 stitches on your needle]

knit 2 stitches together, knit 5, knit 2 stitches together [you will have 7 stitches on your needle]

purl 7 stitches

increase in first stitch, knit 5, increase in last stitch [you will have 9 stitches on your needle]

cast on 12 stitches at the beginning of the next 2 rows [you will have 33 stitches on your needle]

work 18 rows stocking stitch [commencing with a purl row and ending with a knit row]

work 6 rows knit one purl one rib

cast off 33 stitches

Thank you for making these pants. The children use them to dress and undress their monsters, so please do not sew them on!