

## KNITTING A PAIR OF PANTS FOR YOUR MONSTER

The NSPCC runs a “**Pants Programme**” teaching young children to understand about privacy and thereby helping to prevent child abuse. Please see the link:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



### PANTS FOR THE MONSTERS

This pattern kindly donated to Knit-for-Nowt by Colette, who, as well as being a knitter, also works with children.

Adapt this pattern for different sizes, can be any size as long as not huge!

DOUBLE KNIT (DK) YARN on size 4 mm (size UK 8) needles in colours of your choice – if making them for your own monster then you could match the colours, or pick out one of them, or if just knitting a set of pants to send in, a good variety of different colours would be helpful, and they can be stripy or plain according to your preference:

Cast on 26 sts and work 6 rows of rib (knit 1, purl 1)

Change to stocking stitch (SS)

Work 16 rows in SS.

Cast off 8 sts at the beginning of next 2 rows

Knit 2sts together twice at the beginning of next 2 rows

Work 2 rows (one is knit and one is purl)

Staying in SS increase 2 sts at the beginning of next 2 rows

Increase 8 sts at the beginning of the next 2 rows

Work 16 rows in SS

Knit 6 rows of rib (knit 1, purl 1)

Cast off

Sew side seams

CHUNKY YARN on size 6mm (size UK 4) needles

Cast on 20 sts and work 4 rows of rib (knit 1, purl 1)

Change to Stocking Stitch (SS)

Work 16 rows in SS

Cast off 7 sts at the beginning of next 2 rows

Knit 1 row

Purl 1 row

Staying in SS increase 7 stitches at the beginning of next 2 rows

Work 16 rows in SS

Knit 4 rows of rib (knit 1, purl 1)

Cast off

Sew side seams

**Please don't attach the pants to your monster, as they are knitted they will stay put quite well and the child needs to be able to dress and undress the monster.**

**Please see further patterns for knitted pants on the next page – choose whichever pattern you want, as we have monsters of all different shapes and sizes! You are of course welcome to use your own pants pattern if you prefer. Thank you.**

## PANTS FOR THE MONSTERS

Kindly donated to Knit-for-Nowt by Una O'Malley



A 15 inch monster wearing the medium size pants

This knitting pattern is for pants for worry monsters. The pants are knitted as one piece, so there are only 2 side seams to sew up. There are three sizes; small, medium and large. The medium size fits our standard 15 inch monsters.

### You will need

one pair of 4mm knitting needles

double knit (dk) yarn in colours of your choice – if making them for your own monster then you could match the colours, or pick out one of them, or if just knitting a set of pants to send in, a good variety of different colours would be helpful, and they can be stripy or plain according to your preference:

- 4 g (small pants)
- 8 g (medium pants)
- 10 g (large pants)

### SMALL PANTS

cast on 15 stitches

work 6 rows knit one purl one rib

work 8 rows stocking stitch [commencing with a knit row and ending with a purl row]

cast off 3 stitches at the beginning of the next 2 rows [you will have 9 stitches on your needle]

knit 2 stitches together, knit 5, knit 2 stitches together [you will have 7 stitches on your needle]

purl 7 stitches

knit 2 stitches together, knit 3, knit 2 stitches together [you will have 5 stitches on your needle]

work 5 rows stocking stitch [commencing with a purl row and ending with a purl row]

increase in first stitch, knit 3, increase in last stitch [you will have 7 stitches on your needle]

purl 7 stitches

increase in first stitch, knit 5, increase in last stitch [you will have 9 stitches on your needle]

cast on 3 stitches at the beginning of the next 2 rows [you will have 15 stitches on your needle]

work 8 rows stocking stitch [commencing with a purl row and ending with a knit row]

work 6 rows knit one purl one rib

cast off 15 stitches

### MEDIUM PANTS

cast on 25 stitches

work 6 rows knit one purl one rib

work 12 rows stocking stitch [commencing with a knit row and ending with a purl row]

cast off 6 stitches at the beginning of the next 2 rows [you will have 13 stitches on your needle]

knit 2 stitches together, knit 9, knit 2 stitches together [you will have 11 stitches on your needle]

purl 11 stitches

knit 2 stitches together, knit 7, knit 2 stitches together [you will have 9 stitches on your needle]

purl 9 stitches

knit 2 stitches together, knit 5, knit 2 stitches together [you will have 7 stitches on your needle]

purl 7 stitches

knit 2 stitches together, knit 3, knit 2 stitches together [you will have 5 stitches on your needle]

work 5 rows stocking stitch [commencing with a purl row and ending with a purl row]

increase in first stitch, knit 3, increase in last stitch [you will have 7 stitches on your needle]

purl 7 stitches

increase in first stitch, knit 5, increase in last stitch [you will have 9 stitches on your needle]

purl 9 stitches

increase in first stitch, knit 7, increase in last stitch [you will have 11 stitches on your needle]

purl 11 stitches

increase in first stitch, knit 9, increase in last stitch [you will have 13 stitches on your needle]

cast on 6 stitches at the beginning of the next 2 rows [you will have 25 stitches on your needle]

work 12 rows stocking stitch [commencing with a purl row and ending with a knit row]

work 6 rows knit one purl one rib

cast off 25 stitches

### LARGE PANTS

cast on 31 stitches

work 6 rows knit one purl one rib

work 14 rows stocking stitch [commencing with a knit row and ending with a purl row]

cast off 8 stitches at the beginning of the next 2 rows [you will have 15 stitches on your needle]

knit 2 stitches together, knit 11, knit 2 stitches together [you will have 13 stitches on your needle]

purl 13 stitches

knit 2 stitches together, knit 9, knit 2 stitches together [you will have 11 stitches on your needle]

purl 11 stitches

knit 2 stitches together, knit 7, knit 2 stitches together [you will have 9 stitches on your needle]

purl 9 stitches

knit 2 stitches together, knit 5, knit 2 stitches together [you will have 7 stitches on your needle]

work 7 rows stocking stitch [commencing with a purl row and ending with a purl row]

increase in first stitch, knit 5, increase in last stitch [you will have 9 stitches on your needle]

purl 9 stitches

increase in first stitch, knit 7, increase in last stitch [you will have 11 stitches on your needle]

purl 11 stitches

increase in first stitch, knit 9, increase in last stitch [you will have 13 stitches on your needle]

**purl 13 stitches**

**increase in first stitch, knit 11, increase in last stitch [you will have 15 stitches on your needle]**

**cast on 8 stitches at the beginning of the next 2 rows [you will have 31 stitches on your needle]**

**work 14 rows stocking stitch [commencing with a purl row and ending with a knit row]**

**work 6 rows knit one purl one rib**

**cast off 31 stitches**



**A view of the medium size pants before being sewn up**

### **Sewing up**

**Fold in half, right sides together**

**Sew side seams strongly**

**Turn right side out**



These are the *unstretched* sizes. The medium size pants stretch to fit our standard monsters.

Variations:

different colours

use all your left over oddments to make stripes

Tips:

- use a strong, dk yarn. The value yarns sold in Wilko or Poundstretcher etc are ideal
- casting on and off loosely will produce stretchy waistbands and leg holes. These will fit better and will help the children dress and undress the monsters
- leave a long yarn end when casting on and off at the waistbands. You will use these yarn ends when sewing the side seams

**Thank you for making these pants. The children use them to dress and undress their monsters, so please do not sew them on!**