

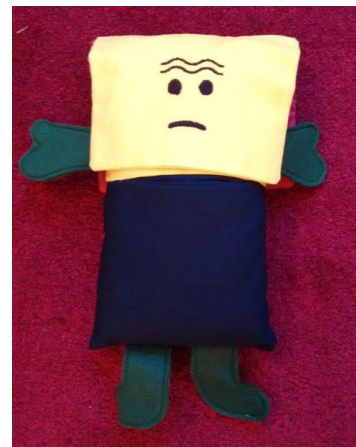
## Sewn Worry Monster with Multiple Expressions



Happy

Shocked/frightened

Worried



Angry

Sad

Multi



Some alternative faces using “Bondaweb” to attach the shapes to the monster. The ones on the previous page were done on a sewing machine setting, but if you don’t have that facility or if you prefer, you can use Bondaweb as in the pictures below. Or you can use pieces of felt sewn on (takes longer though). Ideally we’d prefer you not to use marker pen, as over time it may fade.



## MATERIALS

- Requires use of a sewing machine
- Small amounts of fabrics in colours of your choice – it's best if you make the lower body a different colour to the top flaps. Please make the top flaps and upper body pieces in plain colours. The lower body can be any bright colour or child-friendly pattern, please avoid patterns which you might consider to be too "girly" as the monster needs to be able to be used with both boys and girls.
- Small amount of felt in a different colour for the hands and feet.
- Small amount of black felt for some of the eyes (sew on or embroider all the facial expressions) or, as above use bondaweb and small amounts of white fabric for the whites of eyes, and black fabric for the pupils (see illustration).
- Black embroidery thread for the features
- Usual sewing kit/sewing thread
- NB. Pattern pieces are not required – you can just measure it to the size you'd like to make it. Lengths quoted are suggestions only.

## CUTTING OUT

### For the bodies:

Cut 2 upper bodies – suggested size is a rectangle 23cm (9") wide x 18cm (7") height, in your Colour A – these will be the happy and sad expressions

Cut 2 (same size) for worried (any colour you like)

Cut 2 (same size) for scared (any colour you like)

Cut 2 (same size) for angry (any colour you like, although red is good for angry!)

### For the lower bodies:

Cut 2 lower bodies – suggested size is a rectangle 23cm (9") wide x 21cm (8") height

### For the pouches:

Cut 4 rectangles just slightly smaller than the lower body size, (any colour you like)

### For the hands and feet:

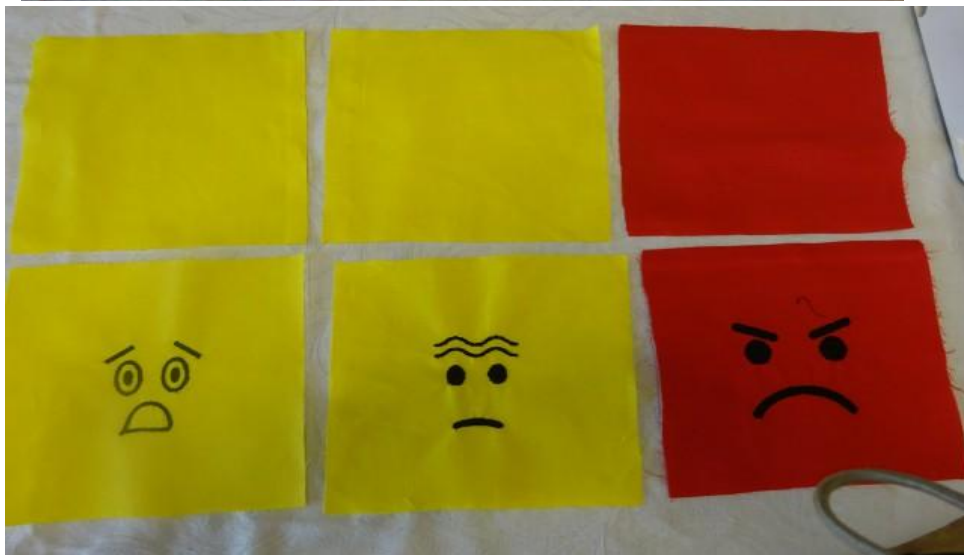
Cut x 4 hands and Cut x 4 feet to the approximate shapes below. You can vary these yourself if you wish to make fingers etc. – please use your creativity. These suggested dimensions are approx. – hands 8cmx5cm, (3"x2") and feet 9cmx5cm, (3.5"x2"). (The ones pictured are not actual size.)





Using the emoji facial expressions below, cut your black felt to the shapes indicated, and attach them using sewing thread to each of the upper body pieces which you've cut - (by hand is easier than machine for this). Or at this stage use your bondaweb to attach the features firmly to the face pieces, (see illustrations on page 2).

Cut pieces, faces added, ready to sew.





## SEWING

### Hands and feet.

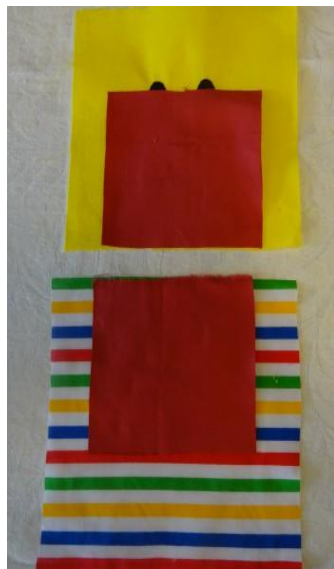
Place 2 pieces of felt together and sew seam on outside  
(If using felt there is no fiddly turning needed.)

### Body

Add pockets – both the same for front and back of Mojo.

Sew 1 piece of pouch to top of lower body and 1 piece to bottom of front upper (sad face) body.

Then place lower body over upper body and sew side seams of pouch. And seam joining the lower and upper body.



Fold the bottom back

Pocket is complete.

Repeat for back of Mojo

Sew hands onto sides of upper body. Sew feet onto lower edge of lower body.



This completes the front of the puppet.

Join back of puppet, (happy face), upper body and the other lower body in the same way.

### **Make up the extra layers.**

Right sides together, sew side and bottom seams.

Sew the side seams 2/3 mm wider than normal to ensure they fit into body of the Mojo. Turn back to right sides. Press.



### Assembling the monster

Lay front body (right side up) on table, then add, the extra faces on top, right side up, with angry face last, onto the sad body of the Mojo.

Then add the happy face body (back of puppet) right side down. Carefully line up top edge and sew together. Go over the seam twice to make it strong, (you could add each layer separately).



Sew side seams of Mojo's body. (It's a bit fiddly at the top making sure not to trap the layers in the side seam).

Leave bottom of puppet open to add filling.



Turn to right side and add filling.

NB. Only toy filling which has a CE or BS label on the packaging should be used. No other materials should fill the item.

Sew up bottom seam.

DONE! Please send to Knit-for-Nowt! We hope that we've made each step clear, but please get in touch if you have any questions about this pattern. It should be great fun to make, and will be SO appreciated by the therapists.

**This pattern was kindly designed and donated to Knit-for-Nowt by Kath in Nottinghamshire.**