

THE KNIT-FOR-NOWT WORRY DOG!

Kindly donated by Ruth Ogilvie-Brown

This is a variation on a “Worry Monster”, in that it has a deep pocket in which a child can place worry papers. Please ensure that your pocket is nice and deep so it could accommodate several pieces of paper.



All parts of the dog are knitted using 4mm knitting needles and Aran weight yarn. Please ensure that the tension is tight enough so that no stuffing could escape between your stitches, so adjust the needle size if needed. The legs, body and head are knitted all in one and stitched at the back. The arms, ears, snout and tail are knitted separately.

Materials:

- **Aran yarn** - colours required:
 A main dog colour (for example: medium brown, light brown, beige or caramel)
 A second dog colour, either lighter or darker (for ear linings and mouth pocket)
 Black for nose
 Cream or white for snout.
 Pink for tongue
 A colour for dungarees
 Two colours for stripy tee-shirt
- **Toy Stuffing** – this should have had a BS or CE label on the packaging and should state that it is suitable for toys. No other stuffings can be donated.
- **2 x safety eyes**, optional – these look much more realistic and are desirable, but you could use white felt in oval shapes, and then black felt circles for the pupils. Alternatively please embroider the eyes, although this doesn't give quite such a realistic look!
- **Stitch holder**

Start at the bottom of the first leg:

Cast on 5 stitches in the main dog colour

Row 1: purl

Row 2: KFB into every stitch across row (10 stitches)

Row 3: purl

Row 4: KFB into every stitch across row (20 stitches)

Row 5: purl

Row 6: (K1, KFB) 10 times (30 stitches)

Row 7: purl

Next 4 rows: SS

Change to colour for dungarees

Garner stitch (K every row) 6 rows for trouser cuff

SS 12 rows

Place stitches on a stitch holder

Second leg:

Cast on 5 stitches in main dog colour and make the second leg exactly the same as the first leg.

Join stitches of both legs together by knitting across stitches of leg you are presently working on, then place the stitches from stitch holder onto the empty needle, join yarn and knit across these stitches also. There should now be 60 stitches joined together on one needle.

Next row: purl. (Tie a piece of coloured yarn at the beginning and end of this row to denote the top of the legs. It will be helpful when you sew and stuff later.)

SS 16 rows

Garner stitch 4 rows

Change to tee-shirt colours and SS in stripes for 14 rows beginning with a K row

Stay working in stripes for next rows

Next row: K4, K2tog, (K8, k2tog) 5 times, K4 (54 stitches)

Next row: purl

Next row: K3, K2tog, K7, K2tog, K7, K2tog, K8, K2tog, K7, K2tog, K7, K2tog, K3 (48 stitches)

Next row: Purl

Next row: K3, K2tog (K6, K2tog) 5 times, K3 (42 stitches)

Next row: Purl

Next row: Knit

Next row: Knit instead of purl to denote neck edge of tee-shirt

Change to main dog colour

SS 4 rows

Next rows will make opening for mouth

Next row: K13, cast off 16 stitches, K13

Next row: P13, cast on 16 stitches, P13

SS 4 rows

Next row: KFB, K15, (KFB, K1) 5 times, KFB, K14, KFB (50)

Next row: purl

Next row: KFB, K16, (KFB, K2) 5 times, KFB, K16, KFB (58)

Next row: purl

Next row: KFB, K18, (KFB, K4) 4 times, KFB, K17, KFB (65)

Next row: purl

Next row: KFB, k20, KFB, K10, KFB, K10, KFB, K20, KFB (70)

Next row: purl

SS 18 rows

Next row: (K12, K2 tog) 5 times (65 stitches)

Next row: purl

Next row: k1, (K2tog to end) (33 stitches)

Next row: Purl

Next row: K1, (K2 tog to end) (17 stitches)

Next row: purl

Next row: K1, (K2tog to end) (9 stitches)

Cut yarn leaving a long tail and thread through remaining stitches and pull tight

Knit the pocket:

Cast on 16 stitches in the second dog colour and knit until work measures 12 inches.

Cast off

Sew onto the top and bottom of the mouth opening, then sew the sides to create the pocket. Please ensure that you haven't left a gap at each side, (at the corners of the mouth), where stuffing could get through.

Snout

Cast on 34 sts in white or cream yarn

First row: Purl

SS 6 rows

Next row: K1, (K2, K2tog) eight times, K1 (26 sts)

Next row: Purl.

Next row: K1 (K1, K2tog) eight times, K1(18 sts)

Next row: Purl.

Next row: K1 (K2tog) eight times, K1 (10 sts)

Next row: purl

Next row: K1, (K2tog) four times, K1 (6 sts)

Thread yarn through remaining stitches. Pull tight and sew seam to create a round snout.

Nose

Cast on 8 sts in black (this is the top of the nose)

First row: Purl.

Next row: K1, K2tog, K2, k2tog, K1. (6 sts)

Next row: Purl.

Next row: K1, k2tog, k2tog, K1. (4 sts)

Next row: Purl.

Next row: K1, K2tog, k1 (3 sts)

Cast off stitches.

Sew the nose onto the pointed middle part of the snout and embroider a line in black yarn from the bottom of the nose down to the bottom of the snout, see picture above for guidance.

Put some stuffing into the snout and sew it onto the face directly above the mouth opening

Dog's tongue

Cast on 10 stitches in pink yarn

SS 12 rows

Next row: K2tog five times (5 stitches)

Next row: Purl

Next row: K2tog, K1, K2tog

Cast off

Sew the tongue, with the narrow end pointing downwards, just inside the bottom lip, so that it looks as if it is coming from inside the mouth.

Eyes

If using safety eyes, attach them directly above the snout.

Alternatively, use white felt and a smaller circle of black felt in the middle to represent the pupils – or you could embroider the eyes.

Sew and Stuff

Firmly stuffing the item will give it more durability with years of use, but take care not to overstuff. Our postage is decided by weight. One heavy item in a box reduces the number and variety of other items we can send.

Make sure the mouth pocket is pointing downwards and lying flat. Put some stuffing in front of the mouth pocket. You can anchor the base of the pocket to the front of the dog if you wish.

Working from the base of one foot to the base of the other, mattress stitch the inside leg seam, using the markers at the top of the leg to place the crotch. Mattress stitch centre back seam of trousers.

Making sure there is no gap where the stitches have been gathered, mattress stitch from the top of the head to the neckline of the T shirt.

Stuff both halves of the dog. Mattress stitch the rest of the centre back seam completing the stuffing as you go.

Arms – make two

Cast on 16 stitches

Using stripes same as the body:

SS for 16 rows starting with a knit row

Next row: K

Next row: K (this row is knitted on the wrong side to denote the cuff.)

Change to main dog colour

SS 8 rows

Next row:

K1, KFB, K5, KFB, K1, KFB, K5, KFB (20stitches)

Next row: P

Next row: K1, KFB, K7, KFB, K1, KFB, K7, KFB (24sts)

Start with purl row and work 3 rows in SS

Next row: K1, K2tog, K6, K2tog, K2, K2tog, K6, K2tog, K1 (20)

Next row: P1, P2tog, P4, P2tog, P2, P2tog, P4, P2tog, P1 (16)

Cast off

Mattress stitch the seams and stuff.

(Optional: embroider three black lines to denote separate parts of the paws.)

Sew the arms onto the dog at the shoulder.

Ears – make 2

Cast on 12 stitches in the main dog colour. (This is the top of the ear)

SS 8 rows

Next row: K1, KFB, K to last two stitches, KFB, K1 (14 stitches)

Next row: P

SS 2 rows

Next row: K1, KFB, K to last two stitches, KFB, K1 (16)

Next row: P

SS 16 rows

Next row: K1, K2tog, K to last 3 stitches, K2tog, K1 (14 stitches)

Next row: P

Repeat last two rows twice more (10 stitches)

Cast off

Ear linings (make 2)

Cast on 10 stitches in the second dog colour. (This is the top of the ear lining)

SS 8 rows

Next row: K1, KFB, K to last two stitches KFB, K1 (12)

Next row: P

SS 2 rows

Next row: K1, KFB, K to last two stitches KFB, K1 (14)

Next row: P

SS 16 rows

Next row: K1, K2tog, K to last 3 stitches, K2tog, K1 (12 stitches)

Next row: P1, P2tog, P to last three stitches, P2tog, P1 (10 stitches)

Next row: K1, K2tog, K to last 3 stitches, K2tog, K1 (8 stitches)

Next row: P

Cast off

Sew WS of ear lining onto WS of ear.

Sew ears onto the side of the dog's head

Bib of dungarees

Cast on 18 stitches

Knit two rows

Next row: K3, P12, K3

Next row: Knit

Repeat last two rows 4 times

Next three rows: Knit

Cast off and sew bib onto top of trousers to make dungarees

Dungaree straps – make two

Cast on three stitches

Knit until the strap measures approx. 10 inches, or long enough to stretch from front of bib diagonally across the back

After sewing on the straps, use some yarn to embroider coloured circles on the dungarees to look like buttons where the straps meet the bib, or you could attach buttons here, as long as they're extra firmly sewn on for safety.

Tail:

Cast on 18 sts in either main dog colour or second dog colour

Starting with a purl row, SS 3 rows

Next row: K2tog, K14, k2tog (16)

Starting with a purl row, SS 3 rows

Next row: K2tog, K12, k2tog (14)

Starting with a purl row, SS 3 rows

Next row: K2tog, K10, k2tog (12)

Starting with a purl row, SS 3 rows

Next row: K2tog, K8, k2tog (10)

Next row: purl

Next row: K2tog, K6, k2tog (8)

Next row: purl

Next row: K2tog, K4, k2tog (6)

Next row: P2tog three times (3)

Cut and thread yarn through remaining stitches.

Mattress stitch seam of tail and stuff.

Sew onto the dog.

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